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FREE UCLA DATING Program for Adults with Autism

This UCLA research study examines the effectiveness of **PEERS® FOR DATING**, a 16-week social skills program to help adults with autism spectrum disorder learn skills to find and maintain romantic relationships.

TOPICS COVERED:

• Choosing appropriate people to date • Starting conversations
• Maintaining conversations • Entering and exiting conversations
• Electronic communication • Creating Dating Profiles • Online Dating
• Letting someone know you like them • Asking someone on a date
• Handling rejection • Going on Dates • Dating do's and don'ts
• Handling dating pressure • Physical contact and sexual activity
• Relationship boundaries • Conflict resolution

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